

## **KINGSTON ROCK TRYOUT POLICY**

Athletes shall be selected by a technical committee for all teams. Athletes shall be placed on the team that best suits their developmental level, as per the LTAD guidelines. Skill and maturity level, along with the needs of the team(s), shall be priorities when rendering decisions.

PLEASE FOLLOW THE PROCESS AS DESCRIBED BELOW:

1. All Athletes are required to register for tryouts in their own chronological age group only. Please do not register in more than one age group.
2. Feel free to indicate in the notes that you are interested in being considered for an older or younger age group.
3. All athletes **MUST** attend the first tryout **IN THEIR CHRONOLOGICAL AGE GROUP**, in order to be assessed relative to all others trying out.

Should the athlete have previously declared interest in playing up or down, and the coach and/or executive support this, based on performance and team conditions, or if the Club executive feels it is an athlete's best interest to do so (regardless of prior declaration), that athlete will be invited to the next tryout for the alternate age group.

Should the coach and/or executive assessment at the alternate age group prove inappropriate, the athlete shall be placed back with their age group at the next opportunity.

4. Appeals will only be considered in writing, and must include extenuating circumstances. Note that, what age an athlete played in last year is **NOT** grounds for appeal.
5. Athletes may only play on **ONE** team in the club, as all provincial championships are on the same weekend this year. However, depending on ability and availability, certain athletes may be afforded the opportunity to "train up", and even possibly "play up" on occasion.